

Group Fitness Schedule: June 2020



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:45am			Cycling			
8:00am						Tone & Sculpt
9:00am						Total Body Fitness
9:30am	Senior Fit		Senior Fit		Senior Fit	
10:00am						
12:00pm	Ab Blast		Calorie Burn	Total Body Fitness		

- Please note, this schedule is limited due to the Covid19 crisis. We are eager to return to a full schedule and will keep you updated as classes are added back to the schedule.
- Saturday's Tone & Sculpt begins 6/6/2020